

UPWARD BOUND

NEWSLETTER WINTER 2018

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TUTORIAL STAFF 2017 - 2018



MONROE HIGH SCHOOL

MATH: Matt Steele
SCIENCE: Matt Steele
ENGLISH: Amanda Althouse, Laura Joaquin

Upward Bound tutorials take place on
Tuesdays, Wednesdays, and Thursdays from
2:30-4:30 pm in room A-111



AIRPORT HIGH SCHOOL

MATH: Matt Pinter
SCIENCE: Matt Pinter
ENGLISH: Cy Maughmer
ALL SUBJECTS: Elijah Jaworski

Upward bound tutorials take place on Mondays
& Wednesdays from 2:30-4:30 pm, and
Tuesdays 3:00-4:30 pm in room 15



JEFFERSON HIGH SCHOOL

SCIENCE: Patricia Wellman
MATH: Matt Conkle, Jill Philippon
ENGLISH: Bruce Pickens, Jennifer Crosley

Upward Bound tutorials take place on
Tuesdays, Wednesdays, and Thursdays from
2:30-4:30 pm

EXCITING NEWS!!!

We are planning not one, but two trips for the Upward Bound 2018 Summer Program

The MCCC Upward Bound Program has a whopping 172 students eligible to attend the 2018 Summer Program. Mind boggling! Not to mention stressful!

The UB staff enjoy their work and their sanity, so we have decided to plan and enjoy two trips for this summer and future summers.

The first trip will be a **Summer Enrichment Trip.**



- Eligible students are upcoming Freshmen and Sophomores.
- This will be a day trip or an overnight trip (one night stay).
- Possible destinations are Cedar Point, Cleveland, Michigan Adventure Park, Grand Rapids, Lansing, or Detroit. We are still in discussion about locations and length of trip.
- This trip will take place the last Thursday and/or Friday of the summer program.

The second trip will be a **Summer Cultural Trip.**

- Eligible students are upcoming Juniors and Seniors.
- This will be a 3 - 4 day overnight trip.
- The destination for summer 2018 is New York City.
- This trip will take place the week after the summer program.



Students must still **QUALIFY** for each trip!

In order to be eligible for the trip, a student **MUST**:

- Carry a cumulative GPA of 2.5 or better for the previous academic year.
- Commit to attend the summer program.
(With no more than four excused & ZERO unexcused absences)
- Display Excellent Behavior both in and out of the classroom and follow their home school's Code of Conduct/Disciplinary Code.
- Have a Positive Attitude, Be Kind, and Demonstrate Respect and Responsibility.

UPCOMING EVENTS FOR 2018

- March 17, 2018 - STOMP at the Fox Theater Jefferson High School and Airport High School
- March 25, 2018 – Wizard of OZ at the RRCA Monroe High School and Airport High School
- April 18, 2018 - Mexican Town, Detroit Monroe High School
- April 24, 2018 - Mexican Town, Detroit Jefferson High School
- May 24, 2018 - Upward Bound Award & Recognition Reception
- June 18, 2018 - First Day of the Upward Bound Summer Program

MI-CAPP STUDENT LEADERSHIP SUMMIT

Battle Creek, Michigan March 2, 2018 – March 4, 2018



2017 Grand Rapids, Michigan

The Upward Bound/TRIO Student Leadership Conference is a yearly event. The Upward Bound staff have invited students from each school (Airport High School, Jefferson High School and Monroe High School) to attend this event. They will participate in team building activities with other students from across the state. They will also attend workshops covering topics such as leadership, goal setting, stress management, and financial strategies for paying for college. The weekend event tops off with a Dinner Banquet/ Scholarship Ceremony and a dance for the students.



2015 Traverse City, Michigan

NATIONAL TRIO DAY

February 24, 2018



In 1986, TRIO leaders asked Congress to proclaim February 28, 1986 as National TRIO Day". This day was an opportunity to increase awareness and rally support for the program and the increased access to higher education it provides for income eligible and first generation students. Every year on the fourth Saturday of February, students, teachers, members of Congress, local officials, and others take time to:

- Celebrate the positive impact federal Trio programs have on our communities through higher education.
- Reflect on the importance of the program for students.
- Act to protect and continue the access to higher education TRIO provides.

As a way of celebrating, reflecting and acting, TRIO programs throughout the United States encourage their students to give back to their communities through community service. Listed below are ten ideas for Community Service opportunities.

1. Help build homes with Habitat and Humanity
2. Helping at church activities
3. Raising awareness about TRIO through visits or letters to the State Capitol
4. Reading to children at the local library
5. Cleaning a park, river, your neighborhood or other public area
6. Shoveling snow for a neighbor
7. Volunteering at the Humane Society, soup kitchen or local animal shelter
8. Collecting socks, mittens, toiletries, etc. for a homeless shelter
9. Babysitting
10. Organizing a food drive for a local food closet

Make TRIO Day a school-wide event by enlisting the participation of your classmates and friends. You can also invite local businesses and elected officials to join you during the activity.

FROM THE DIRECTOR'S DESK



The staff of the Upward Bound Program often inform our students about the characteristics of a good student. Here is a list of guidelines that describes a student who works hard and what teachers like to observe in their pupils. If you are one of the students that have displayed these characteristics, continue your great work. However, if you are a student who may need to improve in one or more of these categories, please continue to work hard.

Characteristics of a Good Student

1. Successful students attend classes on a regular basis. They are always punctual. These students listen and train themselves to pay attention. Generally, these students who either miss or arrive late to class, feel obligated to inform the instructor before their next class begins, if possible, on why they were late or absent. These students' excuses are legitimate and reasonable. A good student makes sure they complete all missed assignments (by contacting the teacher), and understand specifically what was covered in class. Successful students take responsibility for themselves and their actions.
2. Successful students will take advantage of extra credit opportunities when offered. The student demonstrates that they care about their grades and are willing to work to improve their marks, if necessary. He or She often do the optional (and frequently challenging) assignments that many students avoid.
3. Successful students are attentive in class. They do not talk, read, or daydream. In other words, these students are polite, considerate and respectful, even if they do become somewhat bored with the lesson. In addition, students participate in class. They ask questions that the instructor knows many other students may have in the classroom. These students are not interrupting, disrupting and preventing classmates from learning the material that the teacher is presenting.
4. Successful students see their instructors before and/or after class about grades, comments on their papers, and upcoming tests. They do not wait until the last week of grades or when final grades are complete to ask how they can improve their grade or why they received a grade. Successful students go out of their way to find the teacher and engage in meaningful conversation. These students demonstrate to the teacher that they are active participants in the learning process and that they take the job of being a student very seriously.
5. Successful students turn in assignments that appear neat and sharp. They take the time to produce a final product that looks presentable, and reflects care and pride in their work. Submission of all work and assignments are on time. The drive to complete assignments is a trait of successful students.

STILL TIME TO FILL OUT YOUR FAFSA

Free Application For Student Aid

2018-2019 Federal Deadline

Online applications must be submitted by midnight Central Time, June 30, 2019.
Any corrections or updates must be submitted by midnight Central Time, September 14, 2019.

2018-2019 State Deadline

Michigan - March 1, 2018 by midnight, Central Time.

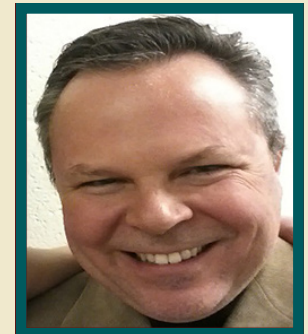
2018-2019 College Deadline

Check with the college(s) you are interested in attending. You may also want to ask your college about its definition of an application deadline - whether it is the date the college receives your FAFSA, or the date your FAFSA is processed

COORDINATOR'S CORNER

From the Desk of... **Charles Friedline, Academic Skills Coordinator,
Airport High School**

Each year, in March, the Council for Opportunity in Education (COE) hosts a Policy Seminar Conference in Washington, DC. People like me, who work in TRIO programs across the country (from as far away as the Pacific Island Territories of Guam and American Samoa!) gather to meet face-to-face with our congressional representatives in order to educate them on the importance, history, and success of our programs.



Upward Bound is a federally funded program, and, as such, it is dependent on the continued support and goodwill of Congress—in both chambers and on both sides of the aisle. Therefore, it is vitally important that we meet with them on a regular basis, to remind them of the important work we do, and to share our success stories, so that the support will not only continue—but also to grow!

So, on March 14, a few hundred of my best friends and I are going to do exactly that. We will get suited and booted and spend the whole day on Capitol Hill, spreading the message to everyone who will listen.

What can you do here at home? Well, as parents, students, school administrators, teachers, and friends who believe in the work of our programs, the best thing you can do is to call or write to our representatives. Tell them what Upward Bound means to you and that you think they need to continue to support us. A simple, short phone call or email will take a very small amount of time—but if everyone who reads this does it, it will have an incredible impact.

Here is the contact information for our Monroe County Congressional representatives. Thank you in advance for taking the time to show your support!

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Representative Tim Walberg

Phone: (202) 225-6276

<https://walberg.house.gov/contact/email>

Senator Gary Peters

Phone: (202) 224-6221

<https://www.peters.senate.gov/contact/email-gary>

Senator Debbie Stabenow

Phone: (202) 224-4822

<https://www.stabenow.senate.gov/contact>

AHS Reminders:

- If you have not already done so, take a moment to sign up for Remind notices. Just text @mrfiedli to 734-344-5422
- Check us out on Facebook at “Airport High School Upward Bound” (<https://www.facebook.com/Airport-High-School-Upward-Bound-552651211432316/>)

From the Desk of... Carley Schwartz, Academic Skills Coordinator, Jefferson High School



Hello, my name is Carley Schwartz and I am the new academic skills coordinator for the Upward Bound program at Jefferson High School. Although my position is new at Jefferson High, I am no stranger to the school. In 2011, I completed my student teaching here, and graduated that same year from Eastern Michigan University with my Bachelors of Arts in K-12 Education with an emphasis in Spanish. Before transitioning to my new position as academic skills coordinator, I taught Spanish for five years in Monroe County. During that time, I also received my Masters of Arts in the Teaching of Foreign Languages from the University of Southern Mississippi. In my free time I enjoy exercising, and just ran my second (and last) half marathon in October. I also enjoy traveling anywhere and everywhere. My most recent trips include Belgium, Mexico, and France.

More than anything, I love spending time with my family.

I am very excited to be back at Jefferson High School and working with Upward Bound. Our program is quickly growing, but we are still welcoming new faces. If you are interested in applying, stop by the Upward Bound office or contact me via telephone or email. Since my arrival at Jefferson at the end of November, I have enjoyed getting to know the students during Upward Bound’s events such as the University of Michigan campus tour and our holiday party. Our most recent trip was to the Sofia Quintero Art and Cultural Center in Toledo. Students participated in a hands-on learning experience by painting colorful talavera tiles, and preparing their own authentic Mexican lunch. Currently, students are looking forward to attending the MI-CAPP Student Leadership Conference in Battle Creek and the STOMP performance at the Fox Theatre in Detroit in March.



Upward Bound JHS Students at the Sofia Quintero Art and Cultural Center, January 31, 2018

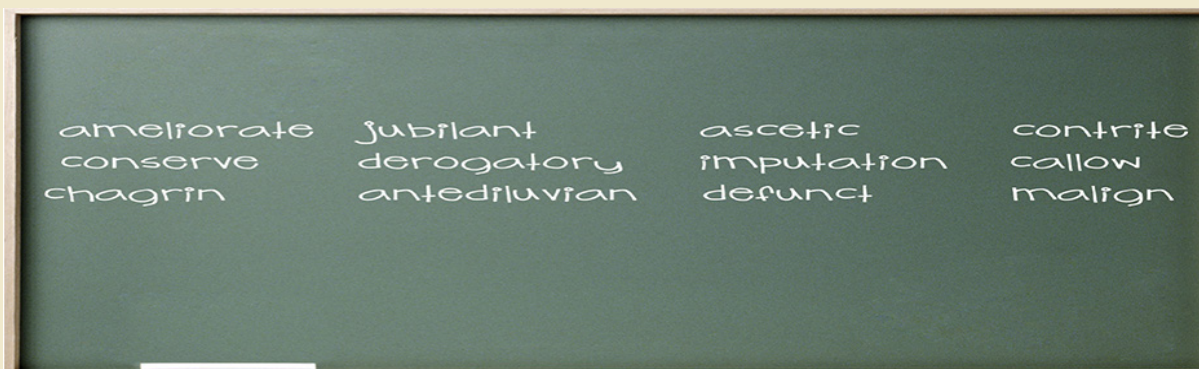


Jefferson High School Upward Bound
Holiday Party – December 19, 2017

**From the Desk of... Dannielle Lambert, Academic Skills Coordinator,
Monroe High School**

In this competitive age, it is very important for our college bound students to obtain the upper advantage. One way to accomplish this is to improve students' vocabulary. There are many resources available on the Internet that students should utilize to the best of their ability. Some websites are listed below:

1. Vocabulary from "Vocabulary for the College Bound": <http://penandpage.com/EngMenu/Vocabulary/voc10prep.htm>. There are 268 words listed on this website. Students are able to "click" on the word to view a definition, and a sample sentence for the word. Examples of the vocabulary word list include some of the following words:



Can you define the above-listed words? If not, you should be studying this website...

2. Vocabulary.com is the easiest, most intelligent way to improve your vocabulary. It combines an adaptive learning system (The Challenge) with the world's fastest dictionary (The Dictionary) so that you can more quickly and more efficiently learn words. This website does not waste your time. They focus on the words that will help you succeed in the academic and business worlds. After you answer a few questions, the website creates a model of your knowledge.

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The website predicts vocabulary words you do not know, and teaches them to you. Vocabulary.com will send you a question of the week, along with word lists, blog excerpts, tips, and tricks.

3. "Building a Better Vocabulary": <http://grammar.ccc.commnet.edu/grammar/vocabulary.htm>. This website contains useful tips, common Latin and Greek roots (at least half of the English language are derived from these roots).
4. (4) "Word of the Day" at <http://www.merriam-webster.com/word-of-the-day/>. For the "Word of the Day", Merriam Webster provides the pronunciation, definition, and examples of the word. Additionally, the site provides an archive of past selections of the "Word of the Day".

HAVE YOU MOVED?? HAS YOUR PHONE NUMBER CHANGED???

Did you know that the U.S. Department of Education requires our staff to contact every student that receives services from Upward Bound on an ANNUAL basis, if not more, for SIX (yes, SIX) years following your high school graduation. Not to mention, we are interested in keeping in contact with our students as we care about their educational success!

Please remember to call or email any of our staff should ANY of your contact information ever change.

UNIVERSITY OF MICHIGAN TOUR DECEMBER 6, 2017



Upward Bound Students from Airport High School, Jefferson High School and Monroe High School

Monroe County Community College
1555 S. Raisinville Road
Monroe, MI 48161



Monroe County
Community College
1555 S. Raisinville Road
Monroe, MI 48161



Airport High School
11330 Grafton Road
Carleton, MI 48117



Jefferson High School
5707 Williams Rd,
Monroe, MI 48162



Monroe High School
901 Herr Road
Monroe, MI 48161



What is Upward Bound?

Upward Bound is a program funded by the U.S. Department of Education that prepares high school students for post-secondary education. Established in 2007, Monroe County Community College Upward Bound serves 110 students, grades 9-12. Students are enrolled from our target high school, Monroe High School, located in Monroe, Michigan and Airport High School located in Carleton, Michigan. Upward Bound is a challenging, preparatory program for students who demonstrate the ability or desire to attend college.

All program services are free for participants.

Mission

The mission of the Monroe County Community College Upward Bound program is to assist students in grades nine through twelve in the successful completion of high school and to prepare them for post-secondary education by providing academic support, college preparation, social, cultural and career exploration.